

# PURAVIDA

HOLISTIC THERAPIES FOR YOU

## Holistic Facials Menu

Our gentle holistic facials combine the techniques of a traditional beauty facial – cleansing, toning, exfoliating and nourishing the skin – with the relaxing benefits of our holistic massage. Enjoy these as luxurious standalone treatments or add them as the perfect complement to any of our existing massage therapies.

### **Tropic Skincare Facial** ... *for all skin types and Vegan friendly*

Pure, honest and effective - this facial is a personal favourite of ours. Whether you're looking for anti-ageing innovations, blemish-busting beauty, or sensitive skin saviours, our Tropic Skincare Facial has you covered. Effective on all skin types, even the most sensitive, these award-winning, naturally derived and freshly handmade skincare products are designed using only the richest, most nutritious, premium ingredients. We'll tailor your facial to suit your skin type and tackle all of your skin woes at once by contouring your complexion with three different masks – Deep Hydration, Clear Skin, and Face Lift – leaving you with deeply hydrated, blemish-free, younger looking skin! Oh, and you'll smell absolutely divine!

60 mins £30.00

30 mins £20.00



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### Neal's Yard Rehydrating Rose Facial ... *for normal / dehydrated skin types*

A rehydrating and soothing facial for normal and dehydrated skin. Deeply nourishing damask roses are blended with organic plant extracts to moisturise and enhance your skin's natural radiance.

### Neal's Yard Nourishing Orange Flower Facial ... *for dry skin types*

A facial designed to protect dry skin from premature ageing. A blend of organic orange flower oil with antioxidant plant extracts deeply nourishes and replenishes your skin, leaving it feeling beautifully smooth and supple.

### Neal's Yard Purifying Palmarosa Facial ... *for oily and combination skin types*

A purifying facial for oily and combination skin types which gently decongests and smoothes away impurities. This blend of purifying and oil-balancing palmarosa helps to control shine where skin is oily, and hydrates where skin is dry, leaving you with a clearer, more mattified complexion.

### Neal's Yard Rejuvenating Frankincense Facial ... *for all skin types*

An anti-ageing facial suitable for all skin types. Naturally reduce the appearance of fine lines and wrinkles with the powerful rejuvenating properties of frankincense, enhanced with plumping plant extracts to leave your skin feeling firm, toned and moisturised.

### Neal's Yard Soothing White Tea Facial ... *for sensitive skin*

A soothing facial which naturally cools, calms and rehydrates sensitive skin.

### Neal's Yard Facial for Men

Our male clients can now enjoy all the benefits of our holistic facials, just with a more masculine scent.

60 mins £34.00

30 mins £24.00

## Say hello

Web: [www.puravidatherapies.co.uk](http://www.puravidatherapies.co.uk)  
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